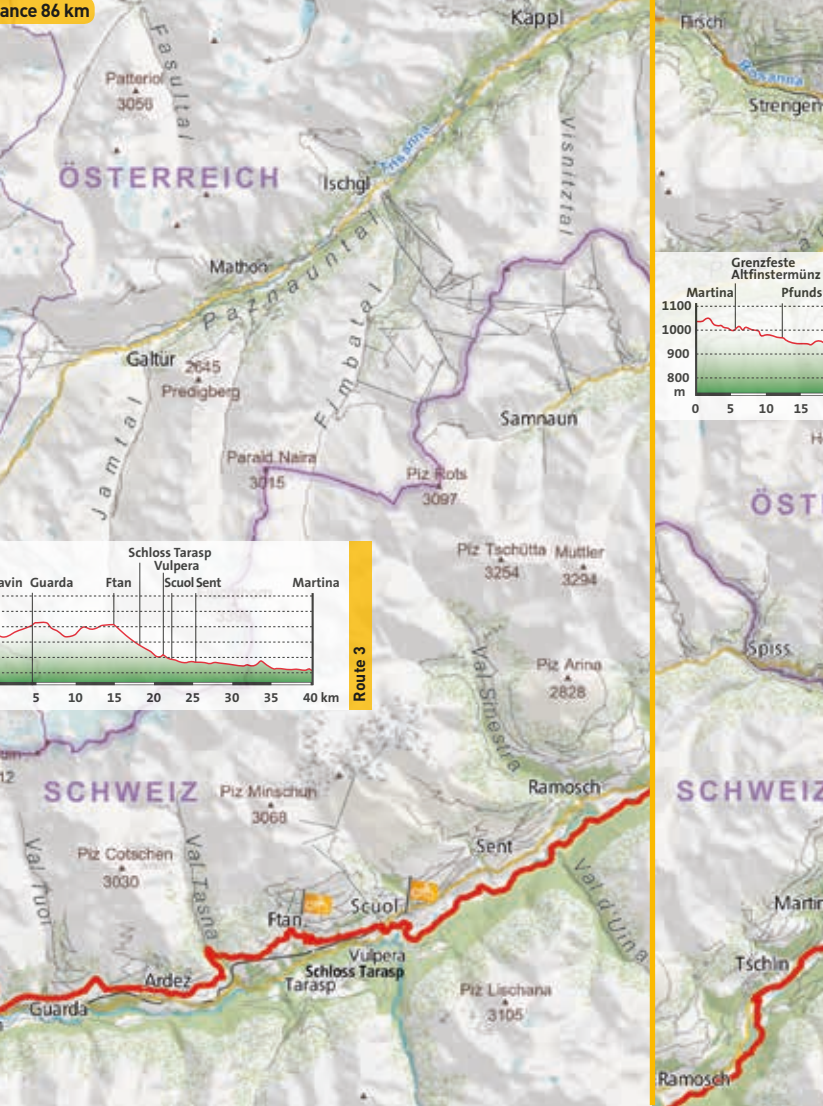


The source of the River Inn: Lunghinsee Some sections of the walking track from Maloja to Lunghinsee are quite steep. At 2.484 m, you'll be rewarded with a spectacular view of the Silsersee (lake) and the Bernina range.

Europe's one and only triple water divide The route from Lunghinsee to the Lunghin Mountain Pass takes approx. 45 minutes. At the Pass, the Maira River flows to the south, the Inn takes a northerly route to the Danube and the Julia, westbound to the Rhine.

St. Moritz Birthplace of alpine winter sports (1864) and host to the Winter Olympic Games in 1928 and 1948. St Moritz first staked a claim to popularity with its hot springs, which have been a landmark for over 3000 years, establishing the town as a popular summer spa in the early days. Today, St. Moritz is a scintillating, world class holiday destination, renowned for elegance and style.



Guarda The village, perched high above the river Inn on a sunny mountain terrace, is the home of the „Schellen-Ursli“, (a popular children's book). In 1975, it won the Henri-Louis-Wakker award for exceptional care and maintenance of a village. The picturesque houses feature graphite inlays, murals and floral decoration.

Ardez Characterised by the ruins of the Steinsberg castle, which are near the remains of the St. Luzius chapel, on a rocky knoll at the edge of the village. Ardez ranks as a role model of romantic décor and one of Europe's heritage listed monuments.

Scuol The main town of Unterengadin has earned its 'wellness destination' popularity with countless mineral springs - a relaxing stop at the Engadin Bad is highly recommended. There's a choice of five natural springs where you can 'fill up' with fresh mineral water free of charge.



Altfinstermünz Finstermünz originally served as a significant border control and customs point. Highlights include the towered bridge overlooking the river, which dates back to the middle ages, the little fort and the historical dam.

Pfunds In the district called „Dorf“, near the parish church, there is a local museum in a farmhouse which dates back to the 14th century. During the past few years, a settlement of mini houses has developed near the water mill - access to this „Mini Fundus“ is free of charge.

Töses, Ried, Prutz A string of parish churches and chapels along the route to Landeck and the majestic Siegmundskron castle, rising above the village of Ried testify the days of nobility and jurisdiction and have bestowed this region with the name „Ober Gricht“ (High Court).

Imst In the historical town centre, there are 14 wells, all bubbling with fresh spring water. The Rosengarten Gorge, which starts in the centre of town, enhances this spectacular show of nature. Other places of interest include the historical „Haus der Fasnacht“, with over 450 traditionally carved face masks and the „Museum im Ballhaus“.

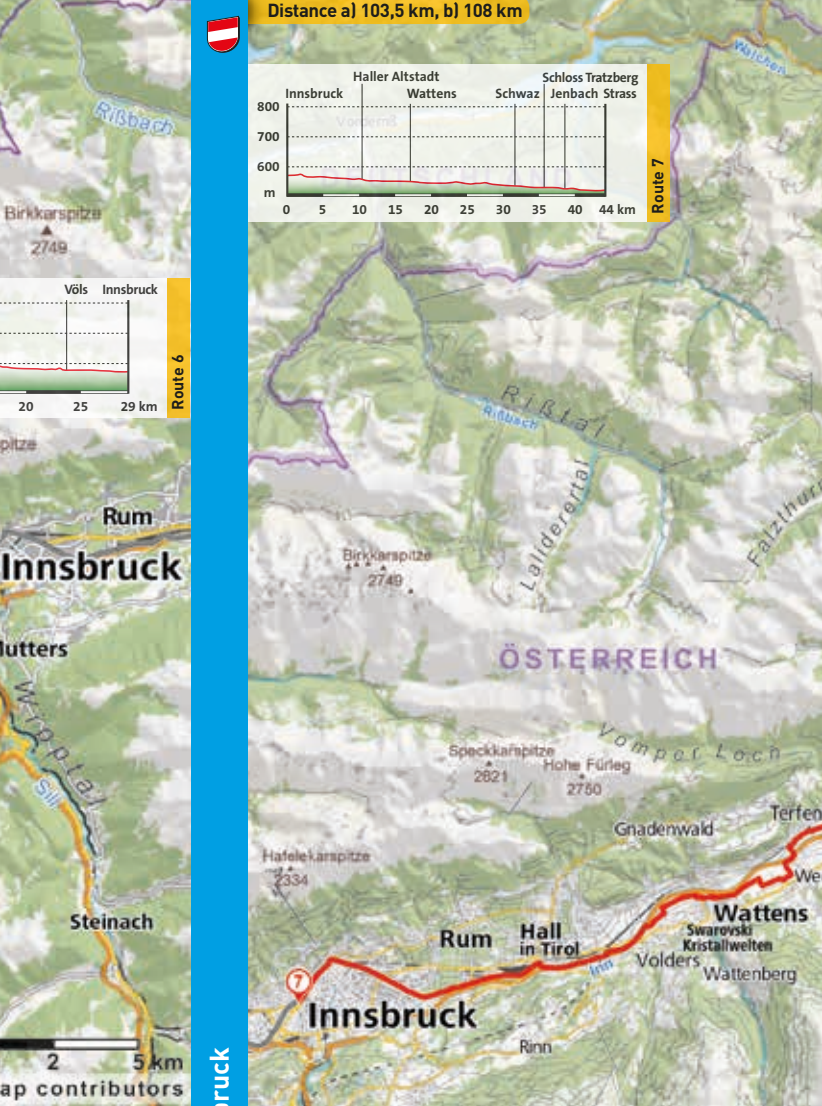


Landeck The region's capital city lies on the northern edge of the Kaunergrat Park, at a height of 817 m. The castle, which was built in 1290 on the old Roman Road „Via Claudia Augusta“, houses the exhibition „Stay or Go“ along with regional and international contemporary art displays.

Zams A „water discovery“ climbing trail leads to the mystical gorge and the Lötzer Waterfall. The circuit encompasses Tyrol's oldest hydropower station, water mythology from around the world, the ruined forge. Zammer Lochputz Gorge and the stone bull. The multimedia show at the Lötzturm features impressive views of the Gorge.

Telfs The largest hanging bell in the Alps, the so-called „Friedensglocke“ (Peace Bell) is „enthroned“ high above Telfs and cast with over 10 tons of bronze. Every day at 5pm, its chimes can be heard throughout the Innthal valley.

Innsbruck The Capital of Tyrol portrays a lavish historical past, with a thriving sovereign monarchy dating back to the 1500s. Embark on a journey back through time with the Gothic, Baroque, Renaissance and Neo-classicism architecture: the „Goldene Dachl“ (Golden Roof) is the emblem of the gothic old town, the „Schwarzen Mander“ (Black Men) in the Hofkirche (church), the „Hofburg“ (Imperial Palace) and Ambras Castle are landmarks of the Habsburger era. For modern art and architecture enthusiasts, there's the Heinz Tesar's „BTV Stadtförum“ or Zaha Hadid's ski jump on the Bergisel mountains. With the redevelopment of the „Nordketten“ mountain railway, the station was moved to the town centre.

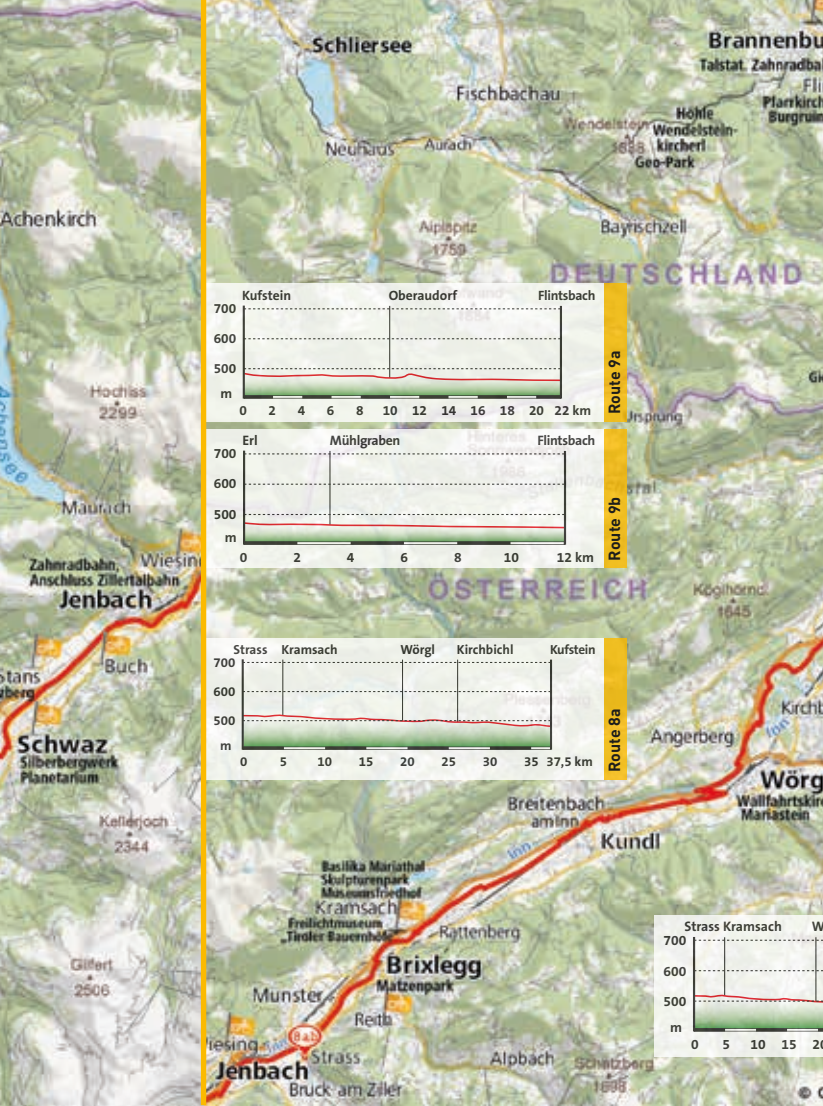


Innsbruck The Capital of Tyrol portrays a lavish historical past, with a thriving sovereign monarchy dating back to the 1500s. Embark on a journey back through time with the Gothic, Baroque, Renaissance and Neo-classicism architecture: the „Goldene Dachl“ (Golden Roof) is the emblem of the gothic old town, the „Schwarzen Mander“ (Black Men) in the Hofkirche (church), the „Hofburg“ (Imperial Palace) and Ambras Castle are landmarks of the Habsburger era. For modern art and architecture enthusiasts, there's the Heinz Tesar's „BTV Stadtförum“ or Zaha Hadid's ski jump on the Bergisel mountains. With the redevelopment of the „Nordketten“ mountain railway, the station was moved to the town centre.

Hall in Tirol This wealthy salt mining town reached its height of prosperity in the 13th century and today stands proud with an enchantingly beautiful Old Town.

Jenbach Europe's oldest steam driven cog railway runs from Jenbach station to Lake Achensee.

Brixlegg A picturesque village with a 17 hectare „Matzenpark“, which ranks as one of the most beautiful natural and cultural monuments in Tyrol.

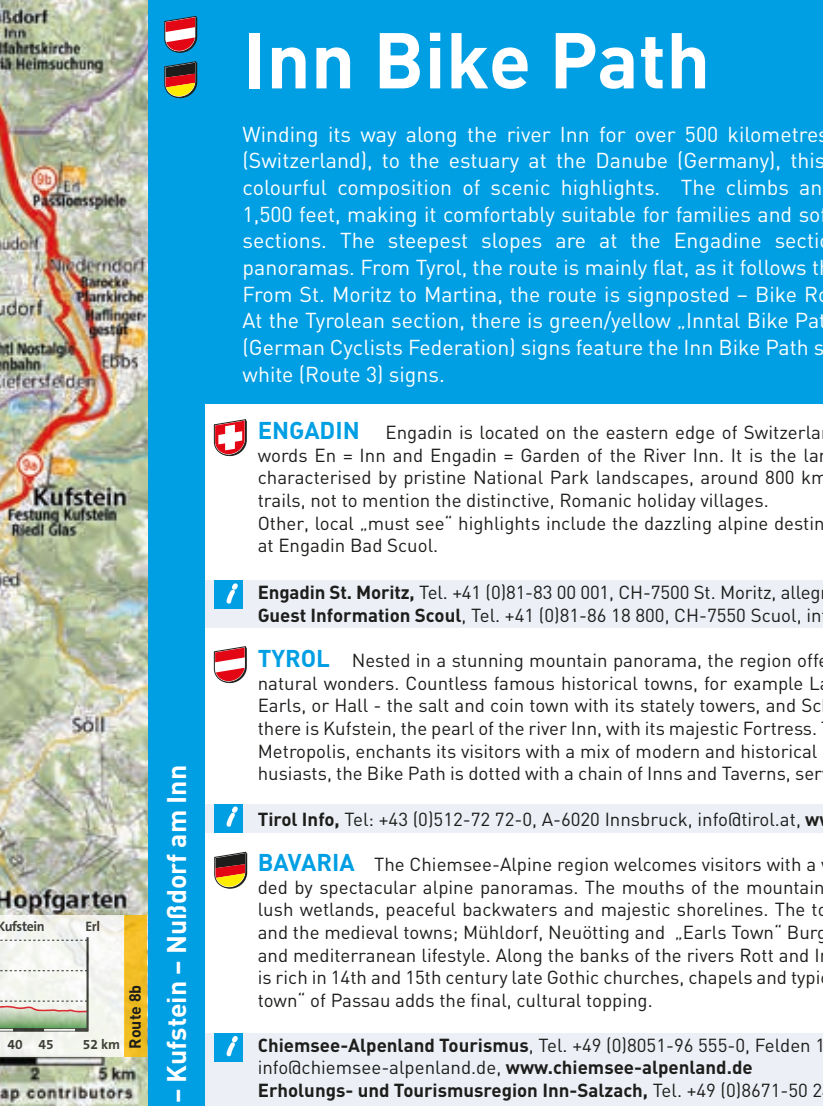


Kramsach The rare Museum Cemetery with wrought iron crosses and bizarre epitaphs. „Tiroler Bauernhöfe“, Tyrol's biggest open air museum, with 14 lovingly reconstructed farmyards, is close to the lake Reinhallersee.

Rattenberg Austria's smallest town with a population of only 400, stages an annual castle theatre season. Glass souvenir shops dominate the medieval pedestrian precinct.

Kiefersfelden Border town between Bavaria and Tyrol with a nostalgic narrow-gauge railway and transit ferry for hikers and bikers. A visit to the Gießenbachklamm (gorge) is well worthwhile.

Oberaudorf In the centre there's a chairlift up to the leisure region of Hoheck with walking trails, summer toboggan run, forest ropes courses and the Oberaudorf Flieger zip lines.



Chiemsee-Alpenland Tourismus, Tel. +49 (0)8051-96 555-0, Felden 10, D-83233 Bernau am Chiemsee, info@chiemsee-alpenland.de, www.chiemsee-alpenland.de

Erholungs- und Tourismusregion Inn-Salzach, Tel. +49 (0)8671-50 24 44, Bahnhofstr. 38, D-84503 Altötting, info@inn-salzach.com, www.inn-salzach.com

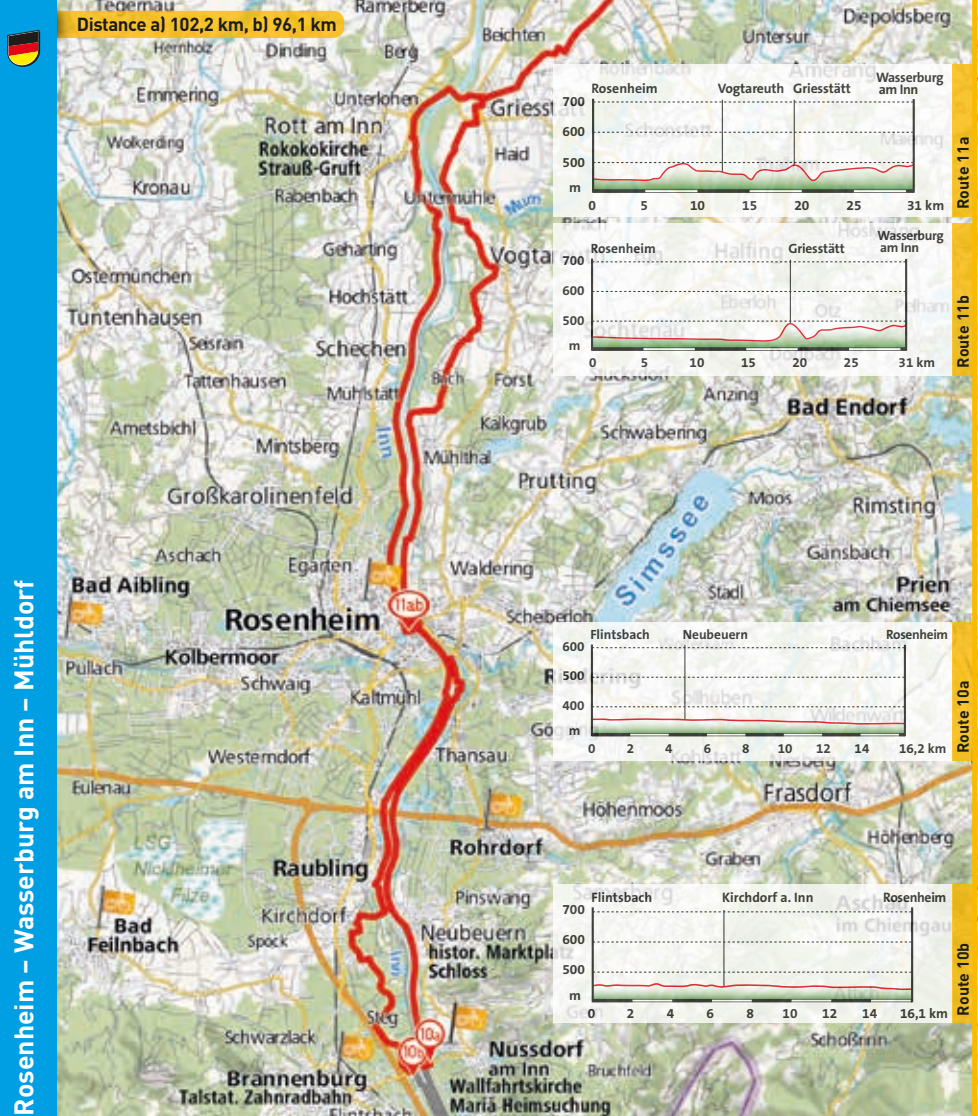
Landratsamt Rottal Inn, Tel. +49 (0)8561-20 268, Tourist Information, Ringstraße 4 - 7, D-84347 Pfarrkirchen, ferienregion@rottal-inn.de, www.rottal-inn.de/tourismus

Tourist-Information Passauer Land, Tel. +49 (0)851-39 76 00, Domplatz 11, D-94032 Passau, tourismus@landkreis-passau.de, www.passauer-land.de

UPPER AUSTRIA Upper Austria is lovingly known as country's „conglomerate“ as it reflects both natural and cultural variety. The landscape between the mouth of the Salzach at the Austrian-Bavarian border and the „town of three rivers“, Passau, is a trove of natural jewels, lush green meadows and historical towns – all awaiting our Inn Valley cyclists.

Oberösterreich Tourismus Information, Tel. +43 (0)732-22 10 22, Freistädter Straße 119, A-4041 Linz, info@oberoesterreich.at, www.oberoesterreich.at

IMPRINT: Publisher Marketinggruppe Innradweg, management Pangerl & Pangerl, graphics e+m, cartography hubermedia GmbH / green-solutions GmbH & Co. KG, printing Moserbauer Druck & Verlags-GmbH & Co. KG. Cover picture © Tirol Werbung Freudenhalter. Every endeavour has been made to ensure accuracy of this publication. The information is subject to change and the publishers cannot accept responsibility for any resulting consequences. April 2014



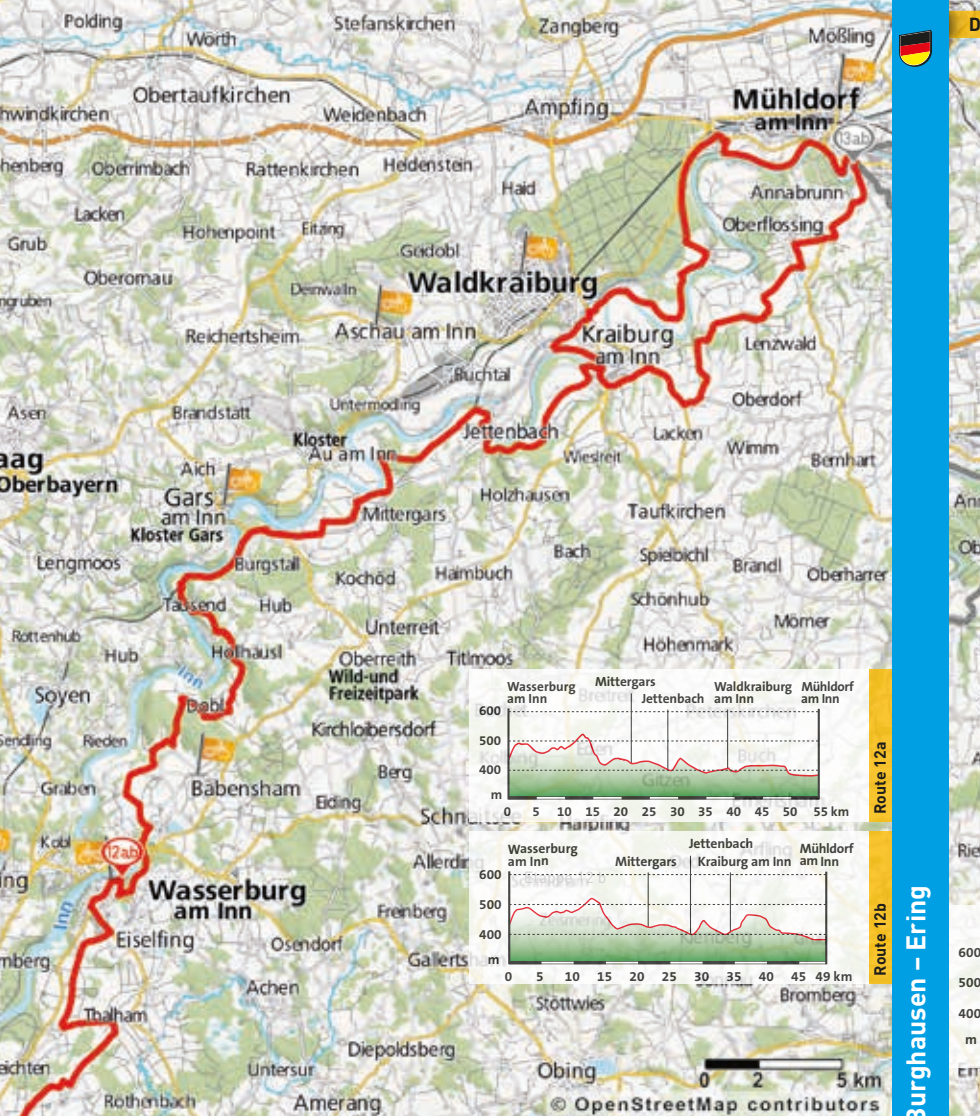
Nußdorf am Inn This picturesque village, with beautiful baroque churches and farmhouses, has won several international awards.

Raubling Due to its unique bird life and marsh flora, the Nickheimer Filze was declared a heritage listed reserve in 1989.

Brannenburg The oldest rack railway in Germany climbs from Brannenburg to the crest of the Wendelstein mountain. Highlights at the top include the Wendelstein church, the cave, the Geo park and a Panorama view of over 200 mountain peaks.

Neubeuern One of the most picturesque Bavarian towns - curtailed by two narrow gates and guarded by a beautiful castle.

Rosenheim The charming Bavarian town on the banks of the river Inn and Mangfall tributary, is laced with pastel facades, arcades, spacious town squares and an alpine backdrop. Once a Roman town, it is now the stage for a vibrant and colourful cultural programme. The „Lokschuppen“ ranks as one of the most beautiful and popular Exhibition Centres in Germany. Other highlights include the „Städtische



Galerie with contemporary art from the 19th and 20th century and the „Holztechnische Museum“ (wood engineering) in the heritage listed „Ellmaierhaus“.

Rott am Inn The rococo church of St. Marinus and Anianus (1763) is particularly well known due to the elaborate art work of the sculptor Ignaz Günther.

Wasserburg am Inn The wealth of the salt merchants stands proud in the picturesque architecture of an almost perfectly preserved medieval old town. There are a variety of attractions, including the rococo church Attel.

Gars a. Inn The two monumental towers of the „Kloster Gars“ Monastery dominate the townscape. The Monastery's „bemalte Steingussmadonna“ (Madonna statue), the „Votivalfen“ (plaques) in the Felixkapelle (chapel), the Monastery garden and the café are all worth a visit.

Kraiburg a. Inn The town portrays its history of steamship navigation and settlement on the banks of the River Inn, with historical architecture and a network of narrow streets that are very typical of the Inn-Salzach region.



Altötting For over 1250 years, this town has been the religious centre of Bavaria and for over 500 years, the most important Pilgrimage town in Germany. The pilgrims pay homage to the Black Madonna in the Chapel of Mercy, the late Gothic collegiate church and cloister, the new Treasury and Pilgrimage Museum in „Haus Papst Benedikt XVI“ (Pope Benedict XVI Building) and the monumental circular painting „Jerusalem Panorama“.

Neuötting A „must see“ attraction in this medieval town is the historical square, with its decorative facades, archways and alcoves of the former merchant houses.

Marktl The birthplace of Pope Benedikt XVI. The birth house of the holy father, the St. Oswald church and the holy baptismal font have made this town a popular place of interest for visitors from all over the world.

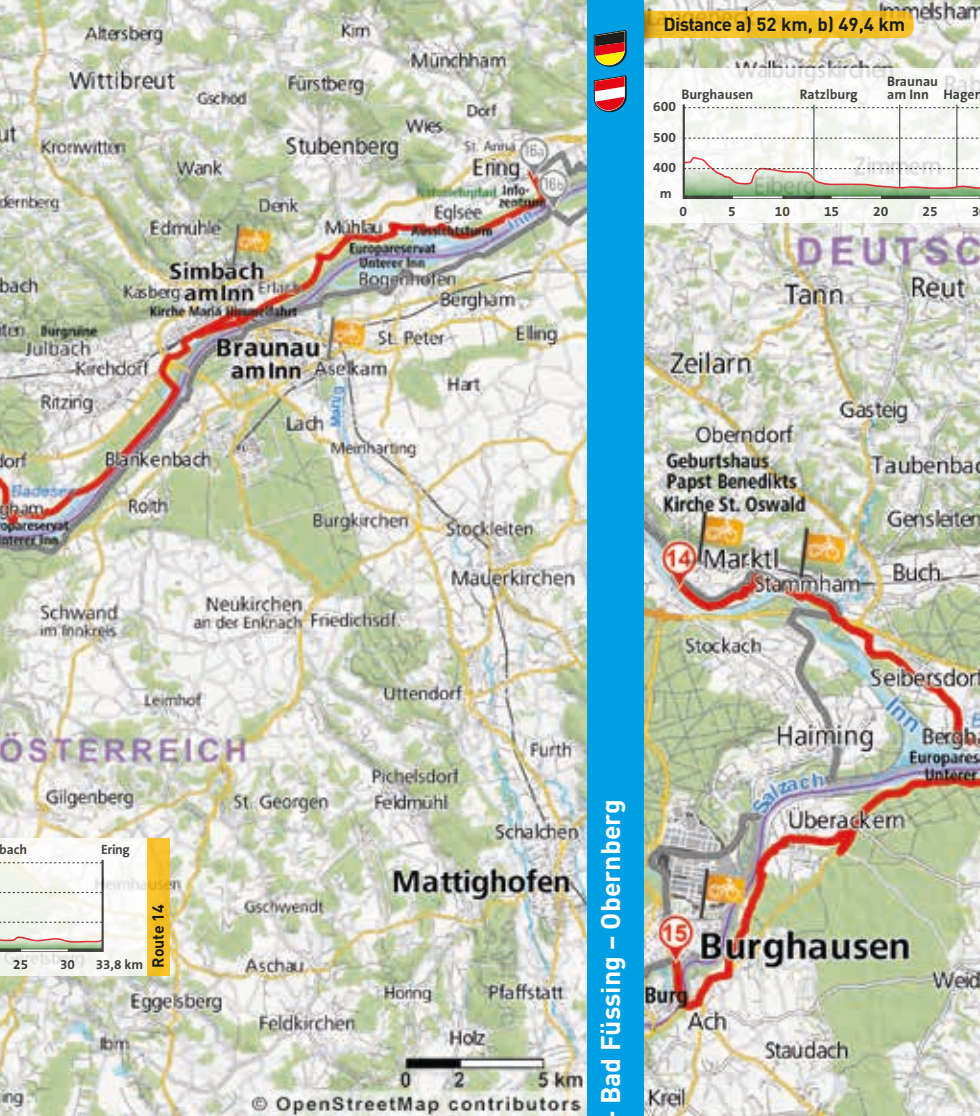
Inn Bike Path

Start of the Route

Recommended, quality tested accommodation for bikers

A variety of cycling tour operators offer shuttle bus transfers. In addition, the bikes can be transported on most of the trains. For more information visit: www.innradweg.com

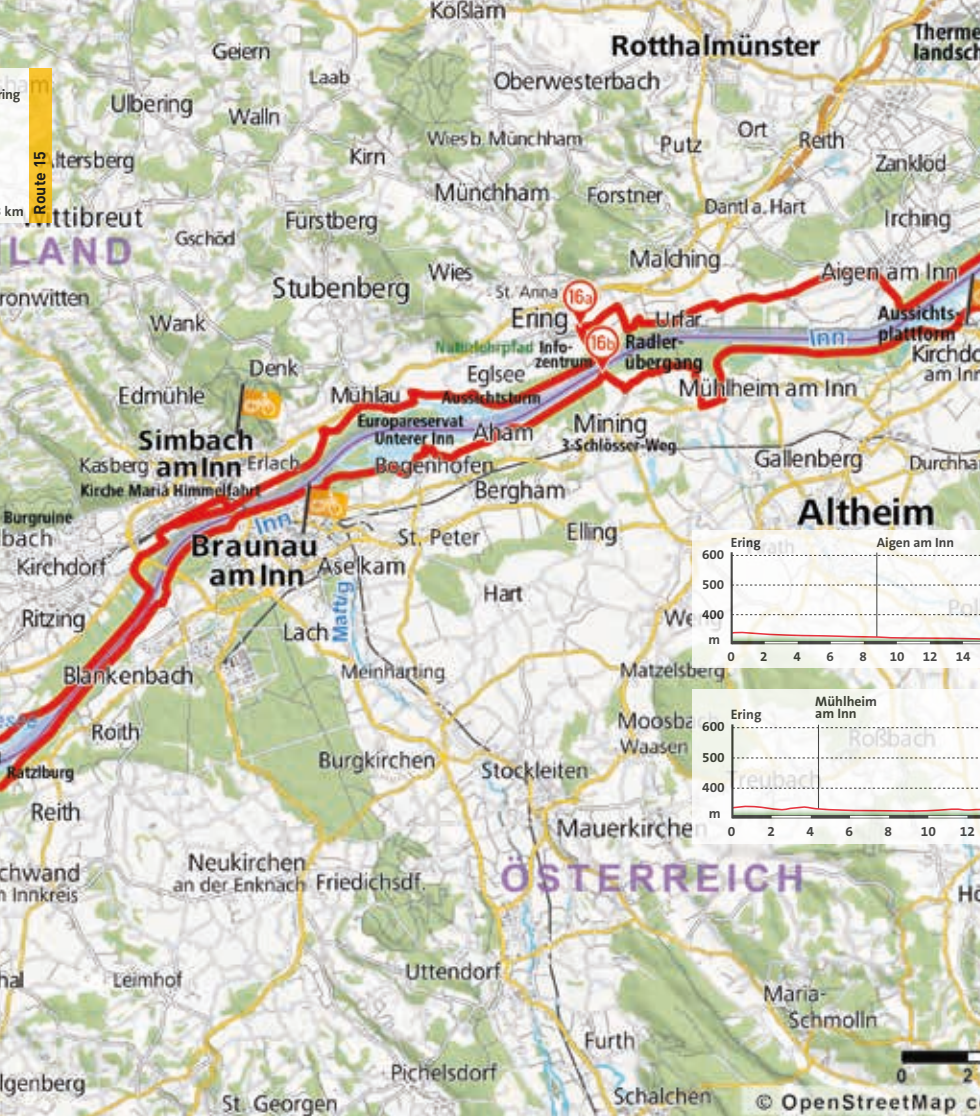
A selection of e bike hire stations, battery change and charging stations: www.innradweg.com



Burghausen Welcome to the longest castle in the world (1.051 m) with its endless row of walls, battlements, towers and chapels. The heritage listed old town displays a variety, colourful contrast of late Gothic facades, the historical town square and the trenches. A trip to the flats is well worthwhile.

Braunau am Inn The 750 year old district capital is home to the largest walled town centre in the Inn-Salzach region - characterised by narrow alleys, historical squares and impressive buildings such as the 6th highest church tower in Austria. A series of monuments and even a beer, in honour of the much celebrated former mayor Hans Steininger who, legend has it, wore a 2 meter long beard which caused him to stumble to his death. Many artifacts featuring the famous beard are on display at exhibition in the district museum Herzogsburg.

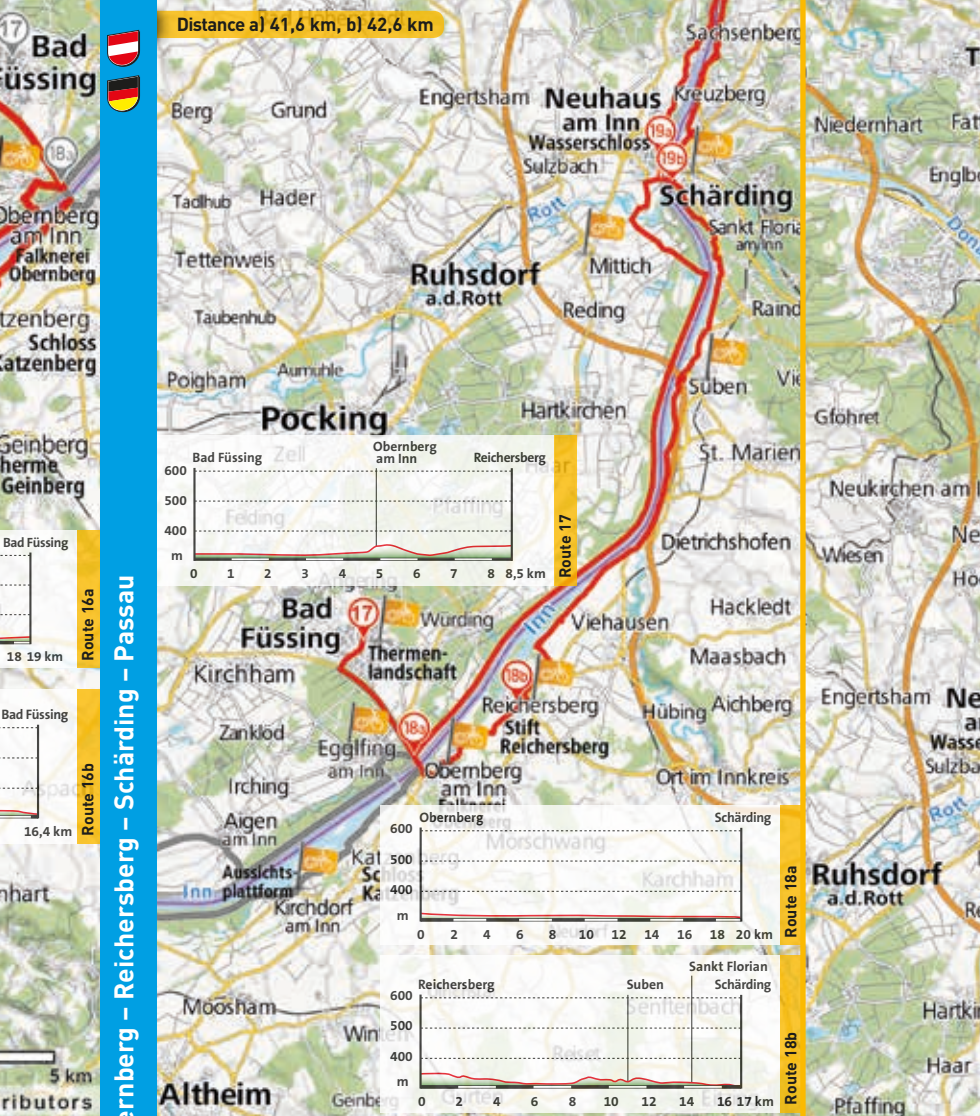
Simbach am Inn Stone and Bronze Age findings testify the early settlement of Braunau's neighbouring town. Among the sightseeing highlights are the picturesque Gothic church „Maria Himmelfahrt“ in the Erlach suburb, the art nouveau



Europareservat Unterer Inn This nature reserve, nestled on the border between Lower Bavaria and Upper Austria, encompasses one of the most pristine, untouched wetlands in Europe - a nesting ground for around 250.000 birds and homing ground for 300 different bird species. Alongside the extensive birdlife, a wide variety of native plants, herbs and rare orchids grow here. Nature lovers can join the guided walks and courses offered by the local Information Centre.

SPA Resort Terme Geinberg Over 3.000 m² of thermal relaxation, featuring indoor and outdoor Thermal Baths, a Caribbean Saltwater Lagoon, thermal cascades and a sports pool.

Altheim The market square, with its decorative Rococo Facades ranks among the most beautiful of its kind in Austria. The Falconer, Christian Grosskopf takes his birds of prey to the Castle Areal, where they fly over the floodplains of the River Inn.



Neuhaus am Inn At the shore of the Inn river, the traditional ship, Inn-Platte „Neuhaus“, heads out of the harbour to an approximately two-hour trip.

Stift Reichersberg Male choirs have been performing here for over 900 years. The majestic Baroque Monastery is a great place to regenerate - with a stroll through the Monastery gardens, a visit to the bar parlour, or immersing in the peacefulness of the church.

Barockstadt Schärding A composition of every architectural era, but the real gem that lends this town its flair is the Baroque Silver Mile on the upper town square - an ensemble of narrow, gabled facades, squares, promenades and parks. The „Relax-Trail“, „Schärding tut gut“, is a wellness path through the town, featuring hanging and rocking loungers, hammocks and wave seats.



Innschiffahrt Schärding Captain Schaecker steers the rustic „Salzürstenschiff“ and the modern „Panoramaschiff“ vessels along the picturesque floodplains between Schärding and Passau.

Neuhaus am Inn At the shore of the Inn river, the traditional ship, Inn-Platte „Neuhaus“, heads out of the harbour to an approximately two-hour trip.

Dreiflüssestadt Passau Unique, not only because it lies at the hub of three rivers, but also because of the old town centre, a 17th century Italian masterpiece, crowned with the towering, triple domed St. Stephansdom Cathedral. The old town itself is a sightseeing treasure chest - a discovery playground of picturesque squares, winding alleyways and romantic riverside promenades. The rivers are throned by the Burg Veste Oberhaus (castle) to the north, and the pilgrim church „Maria Hilf“, to the south.



Inn Bike Path

from MALOJA to PASSAU

ENGADIN // TYROL //
BAVARIA // UPPER AUSTRIA

